


FEBRUARY 2010 SCHEDULE

SUN	MON	TUE	WED	THU	FRI	SAT
	1 9:00-9:55 DTC 10:00-11:00 CH 10:15-11:15 DSP	2 10:00-11:00 CH 10:15-11:15 DSP	3 9:00-9:55 DTC 10:15-11:15 DSP	4 10:00-11:00 CH 10:15-11:15 DSP	5 9:00-9:55 DTC 10:00-11:00 CH 10:15-11:15 DSP	6 9-9:50 DTC
7	8 9:00-9:55 DTC 10:00-11:00 CH 10:15-11:15 DSP	9 10:00-11:00 CH 10:15-11:15 DSP	10 9:00-9:55 DTC 10:15-11:15 DSP	11 10:00-11:00 CH 10:15-11:15 DSP	12 9:00-9:55 DTC 10:00-11:00 CH 10:15-11:15 DSP	13 9-9:50 DTC
14	15 10:00-11:00 CH 10:15-11:15 DSP	16 10:00-11:00 CH 10:15-11:15 DSP	17 9:00-9:55 DTC 10:15-11:15 DSP	18 10:00-11:00 CH 10:15-11:15 DSP	19 9:00-9:55 DTC 10:00-11:00 CH 10:15-11:15 DSP	20 9-9:50 DTC
21	22 9:00-9:55 DTC 10:00-11:00 CH 10:15-11:15 DSP	23 10:00-11:00 CH 10:15-11:15 DSP	24 9:00-9:55 DTC 10:15-11:15 DSP	25 10:00-11:00 CH 10:15-11:15 DSP	26 9:00-9:55 DTC 10:00-11:00 CH 10:15-11:15 DSP	27 9-9:50 DTC
28	 <p style="text-align: center;">  <small>www.MommyBootcamp.org</small> </p>					

DTC: DULLES TOWN CENTER: MON/WED/FRI AND SATURDAY 9:00-9:50. Class meets on the upper level in front of Lord & Taylor.
CH: CHANTILLY:EVERY WEEKDAY EXCEPT WEDNESDAYS (MON/TUE/THU/FRI) 10:00-11:00. Class held at The Box Inline Skating Arena.
DSP: DULLES SPORTSPLEX: MONDAY THRU FRIDAY 10:15-11:15. Class held inside on the blue courts.

Passes may be used at any location. No pre-registration required. Come try "3 for FREE"
 ANY QUESTIONS? CALL US AT 571-214-MOMS (6667) OR EMAIL AT INFO@MOMMYBOOTCAMP.ORG